

Patient Education Workshop

December 11, 2019

8:30 am-12:30 pm

Virginia Mason - Lindeman Pavilion

1201 Terry Ave, Seattle, WA - 1st Floor - Volney Auditorium

Explore strategies and tools to educate your patients!!

This workshop will discuss patient education techniques and strategies useful to nurses in any inpatient or ambulatory setting.

Course Description:

Join your nursing colleagues to explore the principles of assessing readiness to learn and conducting patient education. A highlight will be how health literacy and health numeracy impact your patient's understanding. This workshop will feature a new method of discharge teaching called EDUCATE that includes tools and resources to guide discharge teaching that impacts patient self-care from admission to home and beyond. The last presentation topic for the workshop will include practical tips on using interpreter and language services available at Virginia Mason.

Course Objectives:

Upon completion of this course, participant will be able to:

1. Discuss one benefit of using the teach-back patient education strategy.
2. Explain the process for conducting a learning styles assessment.
3. Identify 2 numeracy skills needed to successfully navigate the healthcare system.
4. Describe 2 strategies for communicating numerical information clearly and effectively.
5. Identify 2-3 strategies for conducting patient education on specific topics including skills, chronic disease management, and medications.
6. Define the mnemonic EDUCATE and how it guides discharge planning at Virginia Mason.
7. Demonstrate how to input CareNote instructions into patients electronic discharge packet.
8. Describe two resources available at Virginia Mason to assist with interpretation when teaching patients with limited English proficiency.

Registration:

To register for this course please visit the Virginia Mason Cloud CME portal at: <https://virginiamason.cloud-cme.com/aph.aspx>. First time users, you will be prompted to create a profile. RNs: In order to receive CNE credit for this course you must provide your RN license number. Add your license number in the "Profile" section of "My CME".

Course Tuition:

Virginia Mason Employee: \$25

Non-Virginia Mason Professional: \$50

Tuition includes a continental breakfast, coffee and tea service during registration.

*Virginia Mason is a provider of continuing education contact hours. Provider is approved by the California Board of Registered Nursing, Provider # CEP15905 for **3.75 Contact Hours**. RN contact hour certificates must be retained by the licensee/attendee for a period of 4 years after the course ends.*

Disability Accommodations: Please notify the CNE Office in advance if you have physical limitations needing accommodation.

Cancellations: Please contact the CNE Office if you are unable to attend this event. **No Show = No Refund.**

Refund Policy: Refunds will be made for a fee of \$25 if written notice of cancellation is received at least 14 calendar days prior to the activity.